

# Deep-Dish Pies Nutritional Information

## FRENCH SILK CHOCOLATE PIE

| <b>Nutrition Facts</b>  | Amount/serving             | %DV*                 | Amount/serving    | %DV*                   |
|---|----------------------------|----------------------|-------------------|------------------------|
|   | Serv. Size 3 3/4 oz (106g) | <b>Total Fat</b> 29g | <b>45%</b>        | <b>Total Carb.</b> 40g |
| Serv. Per Cont. 10  | Sat. Fat 17g               | <b>85%</b>           | Fiber 1g          | <b>4%</b>              |
| <b>Calories</b> 430   | <i>Trans</i> Fat 2.5g      |                      | Sugars 21g        |                        |
| Fat Cal. 260  | <b>Cholest.</b> 65mg       | <b>21%</b>           | <b>Protein</b> 4g |                        |
|   | <b>Sodium</b> 150mg        | <b>6%</b>            |                   |                        |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. |                            |                      |                   |                        |
|   | Vitamin A 10%              | • Vitamin C 0%       | • Calcium 2%      | • Iron 10%             |

INGREDIENTS: Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Margarine (partially hydrogenated and fully refined soybean oil, water, salt, mono and diglycerides, and lecithin. Sodium benzoate added to help preserve freshness. Artificially flavored. Artificially colored with beta-carotene. Vitamin A palmitate added.), Water, Sugar, Egg whites, (guar gum and triethyl citrate), Salt, Ultra Non-dairy Whipped Topping (water, partially hydrogenated palm kernel oil, high fructose corn syrup, sugar, contains less than 2 % of the following: sodium caseinate (a milk derivative), artificial flavor, dextrose, polysorbate 60, sorbitan monostearate, xanthan gum, guar gum, colored with beta carotene), Whole Eggs, Butter (cream, water, salt), Supreme Fudge Base (cocoa (processed with alkali), emulsified vegetable shortening (partially hydrogenated soybean and cottonseed oils, mono-and diglycerides, soy lecithin), soybean oil, corn syrup, sodium bicarbonate), Chocolate Shavings (sugar cocoa butter, milk, chocolate liquor, soya lecithin (an emulsifier), vanillin (an artificial flavoring). This item contains dairy products), Buckeye Brown Gel (water, high fructose corn syrup, glycerine, FD&C Red 40 (B129), FD&C Yellow 6 (B110), FD&C Yellow 5 (B102), corn syrup, modified food starch, FD&C Blue 1 (B133), FD&C Blue 2 (B132), RD&C Red 3 (B127), sodium benzoate and potassium sorbate (as preservatives), carrageenan, agar gum, citric acid), Vanilla Extract (water, propylene glycol, alcohol and vanillin)

CONTAINS: Eggs, Milk, Soybeans, Wheat

## Key Lime

| <b>Nutrition Facts</b>         |                       |
|--------------------------------|-----------------------|
| Serving Size 3 9/100 oz. (88g) |                       |
| Servings Per Container 10      |                       |
| Amount Per Serving             |                       |
| <b>Calories</b> 290            | Calories from Fat 120 |
| % Daily Value*                 |                       |
| <b>Total Fat</b> 14g           | 22 %                  |
| Saturated Fat 8g               | 42 %                  |
| Trans Fat 1.5g                 |                       |
| <b>Cholesterol</b> 10mg        | 4 %                   |
| <b>Sodium</b> 180mg            | 7 %                   |
| <b>Total Carbohydrate</b> 38g  | 13 %                  |
| Dietary Fiber 0g               |                       |
| Sugars 23g                     |                       |
| <b>Protein</b> 4g              |                       |
| Vitamin A 2 %                  | • Vitamin C 2 %       |
| Calcium 10 %                   | • Iron 4 %            |

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Sweetened Condensed Milk, Ultra Non Dairy Whipped Topping (Water, Partially Hydrogenated Palm Kernel Oil, High Fructose Corn Syrup, Sugar, Contains Less Than 2% of the Following: Sodium Caseinate (A Milk Derivative), Artificial Flavor, Dextrose, Ploysorbate 60, Sorbitan Monostearate, Xanthan Gum, Guar Gum, Colored With Beta-Carotene), Graham Crumb Crust (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], High Fructose Corn Syrup, Whole Wheat / Graham Flour, Vegetable Oil Shortening [Hydrogenated Soybean and / or Cottonseed Oils], Sodium Bicarbonate, Salt, Honey), Lime Juice, Margarine (Partially Hydrogenated and Fully Refined Soybean Oil, Water, Salt, Mono and Diglycerides, and Lecithin. Sodium Benzoate Added to Help Preserve Freshness. Artificially Flavored. Artificially Colored With Beta-Carotene. Vitamin A Palmitate Added.), Sugar, Pastry Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid).

## PUMPKIN

| <b>Nutrition Facts</b> |  | Amount/serving        | %DV*            | Amount/serving          | %DV*       |
|------------------------|--|-----------------------|-----------------|-------------------------|------------|
| Serv. Size 5 OZ.       |  | <b>Total Fat</b> 15 g | 23 %            | <b>Total Carb.</b> 44 g | 15 %       |
| Serv. Per Cont. 8      |  | Sat. Fat 4 g          | 21 %            | Fiber 4g                | 15 %       |
| Calories 220           |  | Trans Fat 3.5g        |                 | Sugars 20g              |            |
| Fat Cal. 140           |  | <b>Cholest.</b> 45mg  | 16 %            | <b>Protein</b> 5g       |            |
|                        |  | <b>Sodium</b> 390mg   | 16 %            |                         |            |
|                        |  | Vitamin A 20 %        | • Vitamin C 2 % | • Calcium 8 %           | • Iron 6 % |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

### Ingredients:

Milk (grade A milk and vitamin 3D), pumpkin pie mix, canned, sugar, flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), shortening, all vegetable (partially hydrogenated soybean & cottonseed), whole eggs, water, pastry flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, cinnamon, ground pumpkin pie spice (cinnamon, allspice ginger, imitation mace, and cloves)

Contains: wheat, soy, milk & eggs

## APPLE

| <b>Nutrition Facts</b>  | Amount/serving             | %DV*            | Amount/serving         | %DV*       |
|---|----------------------------|-----------------|------------------------|------------|
|   | Serv. Size 5 3/4 oz (163g) |                 |                        |            |
| Serv. Per Cont. 8   |                            |                 |                        |            |
| <b>Calories</b> 320   |                            |                 |                        |            |
| Fat Cal. 120  |                            |                 |                        |            |
|   | <b>Total Fat</b> 14g       | <b>21%</b>      | <b>Total Carb.</b> 48g | <b>16%</b> |
|   | Sat. Fat 3.5g              | <b>17%</b>      | Fiber 2g               | <b>7%</b>  |
|   | <i>Trans</i> Fat 4g        |                 | Sugars 27g             |            |
|   | <b>Cholest.</b> 0mg        | <b>0%</b>       | <b>Protein</b> 2g      |            |
|   | <b>Sodium</b> 260mg        | <b>11%</b>      |                        |            |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | Vitamin A 0%               | • Vitamin C 80% | • Calcium 2%           | • Iron 8%  |

INGREDIENTS: Apples (frozen, sliced), Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Cornstarch, Salt, Cinnamon, Ground  
 CONTAINS: Soybeans, Wheat

## PEACH

| <b>Nutrition Facts</b>  | Amount/serving             | %DV*             | Amount/serving         | %DV*       |
|---|----------------------------|------------------|------------------------|------------|
|   | Serv. Size 5 3/4 oz (163g) |                  |                        |            |
| Serv. Per Cont. 8   |                            |                  |                        |            |
| <b>Calories</b> 310   |                            |                  |                        |            |
| Fat Cal. 120  |                            |                  |                        |            |
|   | <b>Total Fat</b> 13g       | <b>21%</b>       | <b>Total Carb.</b> 46g | <b>15%</b> |
|   | Sat. Fat 3.5g              | <b>17%</b>       | Fiber 1g               | <b>4%</b>  |
|   | <i>Trans</i> Fat 4g        |                  | Sugars 24g             |            |
|   | <b>Cholest.</b> 0mg        | <b>0%</b>        | <b>Protein</b> 3g      |            |
|   | <b>Sodium</b> 160mg        | <b>6%</b>        |                        |            |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | Vitamin A 0%               | • Vitamin C 130% | • Calcium 0%           | • Iron 6%  |

INGREDIENTS: Peaches (ascorbic acid, citric acid and malic acid to promote color retention), Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Cornstarch, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Almond Flavoring (Water, propylene glycol, xanthan gum, essential oils, benzoate of soda as preservative), Cinnamon, Ground  
 CONTAINS: Soybeans, Wheat

## STRAWBERRY-RHUBARB

| <b>Nutrition Facts</b>  | Amount/serving   | %DV*                 | Amount/serving    | %DV*                   |
|---|--|----------------------|-------------------|------------------------|
|   | Serv. Size 5 3/4 oz (163g)<br>Serv. Per Cont. 8<br><b>Calories</b> 330<br>Fat Cal. 120 | <b>Total Fat</b> 13g | <b>21%</b>        | <b>Total Carb.</b> 51g |
|   | Sat. Fat 3.5g  | <b>17%</b>           | Fiber 2g          | <b>7%</b>              |
|   | <i>Trans</i> Fat 4g  |                      | Sugars 28g        |                        |
|   | <b>Cholest.</b> 0mg  | <b>0%</b>            | <b>Protein</b> 2g |                        |
|   | <b>Sodium</b> 160mg  | <b>7%</b>            |                   |                        |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | Vitamin A 0%   | • Vitamin C 15%      | • Calcium 10%     | • Iron 8%              |

INGREDIENTS: Rhubarb, Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Strawberries, Cornstarch, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt  
CONTAINS: Soybeans, Wheat

## CHERRY

| <b>Nutrition Facts</b>  | Amount/serving   | %DV*                 | Amount/serving    | %DV*                   |
|---|--|----------------------|-------------------|------------------------|
|   | Serv. Size 5 3/4 oz (163g)<br>Serv. Per Cont. 8<br><b>Calories</b> 350<br>Fat Cal. 120 | <b>Total Fat</b> 13g | <b>21%</b>        | <b>Total Carb.</b> 55g |
|   | Sat. Fat 3.5g  | <b>17%</b>           | Fiber 1g          | <b>5%</b>              |
|   | <i>Trans</i> Fat 4g  |                      | Sugars 29g        |                        |
|   | <b>Cholest.</b> 0mg  | <b>0%</b>            | <b>Protein</b> 2g |                        |
|   | <b>Sodium</b> 220mg  | <b>9%</b>            |                   |                        |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | Vitamin A 0%   | • Vitamin C 0%       | • Calcium 2%      | • Iron 8%              |

INGREDIENTS: Red Tart pitted Cherries, Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Corn Glucose Syrup, Cornstarch, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Almond Flavoring (Water, propylene glycol, xanthan gum, essential oils, benzoate of soda as preservative)  
CONTAINS: Soybeans, Wheat

# PECAN

| <b>Nutrition Facts</b>  | Amount/serving               | %DV*                 | Amount/serving    | %DV*                   |
|---|------------------------------|----------------------|-------------------|------------------------|
|   | Serv. Size 4 17/50 oz (123g) | <b>Total Fat</b> 25g | <b>39%</b>        | <b>Total Carb.</b> 66g |
| Serv. Per Cont. 8   | Sat. Fat 5g                  | 25%                  | Fiber 1g          | 5%                     |
| <b>Calories</b> 510   | <i>Trans</i> Fat 5g          |                      | Sugars 35g        |                        |
| Fat Cal. 220  | <b>Cholest.</b> 85mg         | <b>28%</b>           | <b>Protein</b> 5g |                        |
|   | <b>Sodium</b> 240mg          | <b>10%</b>           |                   |                        |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | Vitamin A 2%                 | • Vitamin C 0%       | • Calcium 2%      | • Iron 8%              |

INGREDIENTS: Corn Glucose Syrup Low Conversion, Sugar, Whole Eggs, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Nuts, Pecans, Dried, Margarine (partially hydrogenated and fully refined soybean oil, water, salt, mono and diglycerides, and lecithin. Sodium benzoate added to help preserve freshness. Artificially flavored. Artificially colored with beta-carotene. Vitamin A palmitate added.), Water, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Vanilla Extract (water, propylene glycol, alcohol and vanillin), Salt

CONTAINS: Eggs, Nuts, Soybeans, Wheat